## NON-SURGICAL REMEDIES

Take care of yourself

Chronic Venous Insufficiency (CVI) is generally not considered curable, but it is manageable. While treatments can significantly alleviate symptoms and improve quality of life, they may not completely eliminate the condition. Options such as lifestyle changes, compression therapy, medications, and surgical procedures can help manage symptoms and prevent complications. Regular follow-ups with a healthcare provider are important for monitoring and adjusting treatment as needed. Chronic Venous Insufficiency (CVI) is treatable. There are several options, as depicted in the table below, to help manage symptoms and improve blood flow.

